# **Autism Services**

# What is Autism?

Autism spectrum disorder is a neurodevelopmental disorder that impacts social interaction, communication, play skills, and reactions to sensory stimuli.

# What are Some Common Signs?

- Limited eye contact
- Delayed speech or vocabulary regression
- Repetitive speech or body movements
- · Sensory sensitivities to sounds, textures, movements

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- Not responding to name being called
- Rigid daily routines
- Intense interest in a certain topic or item
- Lines up or organizes items or toys
- Limited play with peers

What Can I Do?

## **ASD STAR Clinic**

- Screening with Therapeutic Assessment and Recommendations (STAR) for children 5 years of age and younger
- Therapists will use developmental assessments and autism-specific screening tools to guide recommendations for therapy services and determine if a full autism evaluation is needed.
- Autism screening is included in the ASD STAR Clinic assessment.

# What's Next?

## **Autism Evaluation**

- An interdisciplinary team (psychology, speech-language pathology, occupational therapy) will assess your child using gold-standard autism assessments as well as discipline-specific tests.
- LifeScape offers medical diagnostic autism evaluations working with most insurances, SD Medicaid, and school districts.
- Talk to your child's doctor about a referral for an autism evaluation.

Evidence shows that early, intensive intervention is the most effective. Following a diagnosis, there are many places to turn to help your child to learn and grow. *LifeScape offers the following outpatient treatment options:* 

## **Applied Behavior Analysis (ABA)**

Behavior Analysts and Registered Behavior Technicians use the principles of learning to teach or improve critical skills, including communication, social interaction, and daily living skills. These services are usually intensive, occurring for several hours, several days per week.

#### Psychology

Our psychologists work with your child and you in order to teach behavior management strategies, improve parent-child interactions, and prevent caregiver burnout.

## Early Start Denver Model (ESDM)

Our team of trained speech-language pathologists and occupational therapists use a specialized curriculum for preschool-aged children with autism in order to maximize learning across developmental domains (communication, motor skills, cognition, self-help skills).

Contact Us Sioux Falls: 605.444.9700

#### **Other Therapy Services**

- Speech-Language Therapy
- Occupational Therapy
- Physical Therapy
- Feeding Therapy
- Incontinence and Constipation Management Therapy

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